



ANNUAL REPORT 2021

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MAUK
Malayalee Association of the UK





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M.A.U.K. Mission Statement

Mission Statement

To collaborate with other organisations
in pursuit of community cohesion and
social inclusion for all, while promoting
an equal, just and harmonious society
based on the ancient Indian
philosophy of

'Vasudhaiva Kutumbakam'

The world is one family



2021 Highlights

We could not have done it without you – Thank you

**Completed
10 COVID-19
Relief projects in
Kerala in
10 days**

Worth 2,000,000 INR

£3982

Raised towards Pulari project, through Festive Sangamam 2021

£2700

Raised towards the M.A.U.K. Mobility Project

**Completed 3
house building
projects**

Proudly announced the Key Handover Ceremony of three houses in Kerala

£1630

Raised to help residents affected by floods in Mundakkayam, Kottayam

£718

Raised by Women's Forum through Pala Thulli Peru Vellam (PTPV)

**Newham
Community
Champions
Award**

Received prestigious award from London Borough of Newham



2021 Annual Report

Director Board

Malayalee Association of the U.K (hereafter M.A.U.K.) is a Registered Charity and a Company Limited by Guarantee. Therefore, the Board of Directors has the responsibility as Charity Trustees and as Company Directors.

Elections

At the last A.G.M. (Sunday 19th September 2021), the following directors were elected to serve for two consecutive years: Raman Sambasivan, Sreekumar Kunjuraman, Sreejith Sreedharan, Aji Gangadharan, Murali Pillai, Subash Viswanathan and Rohoney Dayanand.

The following sitting directors will serve until the forthcoming A.G.M. on Sunday 28th August 2022: Anil Velu, Jayan Pillai, Anil Edavana, Aji Velu, Mohanadas Madhavanandan, Rajeswari Sadhasivan, Shola Dilep and Nishar Viswanath and Aloysius Mathew.

Resignation

The following Directors resigned from the Board in 2021:

Pushkas Vasu – Personal reasons

Shiny Benu – Personal reasons

As usual, the Annual General Meeting will be electing only the required number of directors to the Board. The first meeting of the Board will then select the officials and decide on the roles and responsibilities of the various directors.

2021 Management Structure

The Board opted for a change in the format used in the previous years where directors were grouped into three generic teams with a Lead to oversee the activities of each team. In 2020, each director was given one or two tasks of their choice and encouraged to build their team consisting of experts and interested volunteers.

Membership

In 2021 we added 22 new family members to our organisation. Membership requests are mainly received through online mediums. We have simplified and made it much easier to obtain membership through our website. We urge all our supporters to promote M.A.U.K. and encourage your friends, family, and colleagues to become part of M.A.U.K. - Our Extended Family.

Visit our membership pages for more info – <https://mauk.org/membership>

Website – www.mauk.org

The website is used mainly to inform members about M.A.U.K. activities and archive our records. Members can also download M.A.U.K. policies, annual reports and accounts, forms, and other publications. Regular updates and maintenance are done by CloudEco Systems Ltd, with whom we have a contract for three years starting in 2021. The site is hosted on a cloud-based server to enhance security, thereby preventing data loss.

Social Media

M.A.U.K. continues to increase its presence on social media, with our Facebook page www.fb.com/mauklondon being our primary means of publicity. This page regularly updates the details of M.A.U.K. events, activities, reports, and photos of main events. Our Facebook page has also become one of the main mediums for people from many parts of the world to communicate with M.A.U.K. We are also present on Twitter - @mauklondon and YouTube – mauklondon

Media Partners

M.A.U.K. maintains a good rapport with various print, online, and visual media targeted at the Malayalee community. On almost all occasions, our press releases and reports have been published unedited by our media partners, and we are grateful for their continued support. We express our gratitude to Anand Media, UKmalayalee.com, Kerala Link, KaumudiEurope, Britishmalayali.com, KeralaVision TV, Europemalayali.com and Manoramaonline.

Administrative Tools

M.A.U.K. have long relied on electronic mediums to ensure efficient and timely communication and promote its activities to the wider community. In 2020, we obtained the 'Microsoft 365 Business' package free of charge as part of Microsoft's commitment to supporting not-for-profit organisations.

M.A.U.K. continued to use online tools such as Zoom and Whatsapp to better collaborate and communicate during the Pandemic.

In 2021, we have also adopted:

- Natwest's FreeAgent software to help streamline our accounting and expense management
- Applications developed from Appsheet technologies to help manage and capture data for both Food Club and Elder's Club.

M.A.U.K. Mission Statement

To reflect the humanitarian work M.A.U.K. is focused on, the director board had adopted the below Mission Statement. We hope that the statement will capture the true spirit of M.A.U.K.'s current activities and vision for the future.

Collaborate with other organisations in pursuit of community cohesion and social inclusion while promoting an equal, just, and harmonious society based on the ancient Indian philosophy of 'Vasudaiva Kutumbakam' - The World is One Family.

Kerala House

Kerala House is made available for all members of the local community for wakes and other funeral gatherings and rituals. Many members have made use of this service in the last year as it is located within a short distance from Manor Park Crematorium. All members who have used the premises for this purpose have donated money to the upkeep of Kerala House.

Community and faith-based groups use Kerala House regularly at preferential rates. Location, easy access by public transport and affordable rates has been the prime reasons for this increase.

The first-floor rear room is used as an office and boardroom with access restricted to Directors to comply with data regulations and maintain confidentiality. First-floor front room is used as a classroom and occasionally for meetings.

In light of the current restrictions imposed due to the Pandemic, the Board has decided to extend the deadline of the free booking of Kerala House for life members to 30 December 2023.

Kitchen Refurbishment

M.A.U.K. decided to upgrade our kitchen with adequate kitchen facilities, to help reintroduce the Monthly members fundraising gathering for up to 60 people every month at Kerala house. Moreover, we also hope to use these new facilities to cook for the Elders Club on Thursdays.

Food Club

After recognising the severe impact of COVID-19 on the local community, M.A.U.K. started a Food Bank as early as the first week of April 2020 to support those struggling with food shortages, a situation that was exacerbated by the loss of income caused by the national lockdown.

From 1st May 2021, M.A.U.K. Food Bank was transformed into a Food Club (FC) to focus primarily on those families in the local areas that require and rely on our service the most.



The key changes included:

- The FC only served the residents in E12, E7 & E15 area;
- Introduction of a £3 weekly membership charge;
- The FC functioned between 3pm to 5pm on Sundays;
- The food kit tailored to suit dietary requirements;
- Wrap-around services introduced to support service users with other needs.

Newham Community Champions Award

M.A.U.K. received the prestigious Newham Community Champions Award for its commendable and inspiring work since the start of the Pandemic. M.A.U.K. was at the forefront of supporting the Malayalee community in the UK and local communities of the East London to lessen the burden of the Pandemic from day one.



M.A.U.K. received four nominations, including from East Ham Member of Parliament, Stephen Timms and Unmesh Desai, Member of Greater London Authority. While addressing the over 300 strong guests and dignitaries, GLA Member Unmesh Desai singled out the work done by M.A.U.K. as humbling and inspiring. He expressed his admiration for the exemplary way the communities came together to support each other.

At the event held on 19 August 2021 at The Impressions Venue in East London, M.A.U.K. Chairperson Sreejith Sreedharan received the award on behalf of M.A.U.K. directors, volunteers and members.

Census 2021

M.A.U.K. worked with the Office of National Statistics (ONS) in raising awareness of Census 2021 and the impact it would have on our communities for the generation to come.

M.A.U.K. held Open Days on Saturday 20th and Sunday 21st March to work with the community in its efforts to help them complete the Census 2021 form. Apart from obtaining the support of Indian Community Adviser on Census matters Rakesh Gadhavi and George Bennett, Census Engagement Manager, M.A.U.K. volunteers were also providing assistance to community members in-person and over the phone.



Queen Mary University of London Project

M.A.U.K. worked on a project with Queen Mary University of London, (QMUL) who were trying to understand how diverse communities are getting on with life, and how people are connecting during COVID-19. They were focusing on people in the Brazilian, Somali and Indian community examining people's changing experiences of life in the UK. They were looking at if/how any remittance and care activities link people with their contacts 'back home'; and whether this has changed during the Pandemic.

The aim of this research was to identify key challenges facing Indian communities during the COVID-19 Pandemic, to raise awareness and advise policy makers and institutions on responses that meet the needs of our communities. This government funded was project titled 'Connecting during COVID' and lasted for approximately 3 months (May to August).

The invitation from QMUL to work on this project is a testament to M.A.U.K.'s stature as a leading service-oriented community organisation representing Kerala and the Indian community. This collaborative work with one of the leading universities in London was an excellent learning experience for M.A.U.K. and our volunteers involved.

Mental Health Awareness Event

M.A.U.K. conducted a Virtual Mental Health Awareness Event, on Sunday 24th January 2021.

High levels of uncertainty, adapting to the new normal without seeing friends and family was definitely challenging for many of us. Other than providing food supplies, M.A.U.K. believed it was equally important to support the mental wellbeing of the community.

This awareness event was a great opportunity to learn from experts on how to overcome loneliness, anxiety, worries and low mood at different levels.

Our sincere gratitude to our speakers Dr Hena Vijayan, Jilby Augustine and Marshel Rozario.

Cyber Security Awareness Event

M.A.U.K. held a virtual Cyber Security Event, in collaboration with Barclays, on Sunday 23rd May at 3:00pm to help learn about different methods used by hackers these days and educate how to be vigilant and safe online.

Arts & Cultural Services

Chenda Troupe

M.A.U.K. Chenda Troupe, founded in 2011 under the training and guidance of Vinod Navadhara, has grown into the leading Chenda Troupe in the country.

In 2021, since the Pandemic, our Troupe were lucky enough to perform for Reading Malayalee Association on 25th September, Aylesford Church on 2nd October and Brentwood temple on 10th October.



Promotion of Traditional Kerala Arts



M.A.U.K. is deeply committed to promoting Kerala arts and culture in the U.K. In 2017 we made an additional commitment to advancing the diverse ritual, folk and ancient art form of Kerala. M.A.U.K. has a moral obligation to preserve these declining art forms as it is an integral part of Kerala heritage. In addition, this commitment also provides opportunities for the community to experience these invaluable art forms. As part of this commitment, we have showcased Chinthu Pattu by Sree Muruga Chinthu Pattu Sangham - Tharethukunnu, during the virtual segment of our Onam Fest '21 Celebration.

Kattankappium Kavithayum (Coffee and Poetry)

The Pandemic brought added value to the concept and activities of the literary group Kattankappium Kavithayum (Coffee and Poetry), initiated by M.A.U.K. in 2012. In January, months before COVID gripped the U.K, Kattankappi team launched their activities on the cyber world with the hope of spreading its message wider and attracting global participation. This foresight has given Kattankappi an advantage in bringing people together during the restrictions imposed by the Pandemic.

In 2021, Kattankappi conducted organised 20 events (9 Facebook / Zoom live events and 11 Clubhouse events). Short story workshop and poetry workshop were aimed at bringing in an in-depth understanding about the two most widely used literary forms like Short story and Poetry. Other events were mostly presentations and related discussions. In addition, Coffee and Poetry also associated with a book review organised by Akshara Book Club of M.A.U.K. Women's Forum.

Onam Fest '21



The Pandemic was not going to stop M.A.U.K. celebrating Onam either. M.A.U.K. has been celebrating Onam in grand splendour in the U.K. since the mid-1970s. M.A.U.K. celebrated Onam last year with a stunning array of cultural events which were a feast for the eyes and ears. The show featured as part of our commitment to promote traditional folk and ritual art forms of Kerala. The show was viewed by over 5000 people from across the globe.



The celebrations were held on Saturday 4th September from 4pm to 7pm at the Trinity Centre East Avenue London E12 6SG.

The celebrations were hosted as a fundraising event to help raise funds towards the M.A.U.K. Mobility Project. Through this project we are aiming to purchase a minibus to enhance services to M.A.U.K.'s youth and elders.

Our sincere thanks to Mr Daramadas Bhaskaran, for donating a motorbike to help raise money towards the M.A.U.K. Mobility Project.



Onasadhya (Onam Vegetarian Feast)



Every year M.A.U.K. volunteers prepare the scrumptious Sadhya we serve under the supervision of the Elders. This year was no different. We served over 370 home-cooked Sadyhas on Saturday, 4 September at Trinity Centre in East London. We thank all our volunteers for the hard work each year they have put in to keep this tradition alive.

M.A.U.K. Onasadhya has charity at heart. Every year we add £1 to the cost price of the Sadhya we serve here in the UK to provide a similar number of Sadyhas in orphanages and care homes in Kerala on the same day. Last year, we provided Sadhya at Navajyothi Charitable Trust – Kottayam, Seirei Asha Bhavan – Punalur, Kollam and Anandatheeram Charitable Society – Chathanoor, Kollam.



Social, Sports and Leisure Services

Volunteers Gathering

Behind every success at M.A.U.K. is a great team of determined, passionate and skilful volunteers. M.A.U.K. rely on reliable volunteers for the delivery of our services and the smooth running of our daily operations. The quality of what M.A.U.K. have to offer is increased when committed, competent and conscientious volunteers come forward. We at M.A.U.K. are extremely enthusiastic about what volunteers bring to our organisation and warmly welcome all those who are interested.



The annual Thanksgiving and Kerala Piravi gathering of M.A.U.K. volunteers, artists, and their families was held on Saturday, 30 October 2021 at Kerala House, organised by Sojan Erumely. Our guests were entertained with some beautiful singing by Gokulraj Govindan (Kappa TV Music Mojo game), Vakkom G Sureshkumar and Jiji Vishnu with Vinod Navadhara and Sojan for supporting them on the tabla and keyboard, a wonderful Chenda and Kombu performance by Vinod, Sojan, Sreehari, Sanoop, Vaishak and Manu and some fun activities organised by Jasline, Anu and Nithin.

Festive Sangamam 2021

Following a break in 2020, M.A.U.K. organised Festive Sangamam 2021, our annual Christmas and New Year charity gathering, to raise funds to help build a house for Pulari Muraleedharan and her impoverished family of four from Attingal, Kerala. We thank M.A.U.K. Member Pravas Prabhakaran, who brought our attention to the vulnerable situation of this family.



Festive Sangamam held on Saturday, 11 December 2021 at Southend Hall, East Ham, raised £3982. The evening which commenced at 19:00 and concluded at 00:00 was attended by over 200 guests. The evening's entertainment which was anchored by Ms. Aranda began



with a beautiful Bharathanatyam performance by Sandara Sukesh. This was followed by two hours of energetic and exhilarating folk and cinematic dances by Krishna Preethy, Shilpa Kaippapalakkal Satheesh and Nithin Raj and music by Gokul Raj and Globit Oliver. The evening's entertainment concluded with a dance floor with DJ Jinu Pillai & Team.

In addition to extending our sincere gratitude to all the brilliant artists, M.A.U.K. acknowledge and thank the support provided by the technical team - Sojan Erumely, Bobby Thompson and Rajeev Anandan. We also thank the staff and management of Ali Caterers of Manor Park for the delicious three-course meal and the wonderful service.

We acknowledge the invaluable support of our main sponsors of the event Idealistic Financial Services Ltd and Swayam Property Services and our raffle sponsor Nayan Boutique.

Our sincere thanks to East Ham Boy's WhatsApp Group for raising £1340 and Bindu Johnny for raising £1168.32 towards the Pulari project.

Read more about M.A.U.K. Thanal's Pulari Project: mauk.org/pulari



M.A.U.K. Women's Forum (W.F.)

Gardening Event

The Women Forum held a virtual Gardening event over Zoom on 31st January 2021. This event was opened to all the gardening enthusiasts, to get them involved and share their passion for gardening, as well as giving them an opportunity to share top gardening tips.

The event also included fun activities and ended with a gardening-themed quiz.

Bake Off 2021

After the success off the virtual Gardening event, Women's Forum hosted a virtual Cake Bake-Off, on Sunday 21st February 2021.

The session was opened to everyone and a great introduction to baking and decorating from the experts.

A virtual exhibition of our bakers' breath-taking cakes were also displayed on PowerPoint slides. Sincere thanks to Hena Vijayan and Jikki Sunil on sharing their delicious secrets and top tips on baking and decorating and to our young baker, Rhea Pradeep, for hosting an amazing quiz.

International Women's Day Celebration 2021

M.A.U.K.'s Women Forum celebrated International Women's Day on 28th March 2021. This was the first time the celebrations were held online. The programme also involved performers from all over the UK and Kerala for the first time thanks to the online format.

The event lasted four hours and took place through Zoom. The theme was Choose to Challenge.

There were several cultural events ranging from Indian classical and cinematic dance solos and group performances to poetry recitals and singing to instrumental pieces.

As the world was still in the midst of the Pandemic, a doctor gave a talk on precautions to take against catching COVID-19 and caring for yourself in the case of becoming infected.

A number of school students, presented speeches on women empowerment. They skilfully expressed their views and raised questions on important and controversial issues, for example, women's lack of involvement in financial decision-making.

Sangeetha Sayahnam

This is a fortnightly online event where participants play the musical game Anthakshari. Currently participants are mainly women but we also have men participating. On average there are 10 - 15 participants per event and it has been a huge success.

The programme launched in May 2021.

Book Club

Book club is an initiative of the Women's Forum to promote reading and discussion of the Malayalam literature. Sessions take place once every couple of months, leaving participants time in between to read a selected text.

Participants tune in from the UK and Kerala.

Discussion Group

This is a Women's Forum initiative focused on discussing topics of significance to women in contemporary society. Discussions take place virtually every couple of months.

Thiruvathira Club

Thiruvathira Club used to be known as Sunday Club before the Pandemic when women got together at Kerala House to practice Thiruvathira. Recently, in January 2022 Women's Forum began online Thiruvathira classes taught by a professional dancer, Deepa Sajeev, in Kerala. Classes run fortnightly and are open to people of all ages and abilities.

Pala Thulli Peru Vellam (PTPV)

Pala Thulli Peru Vellam (PTPV) is a charity run by Women's Forum. The idea at the heart of this venture is to make it possible for everyone to contribute to charitable endeavours. People are invited to donate £1 to celebrate a loved one's birthday or other special occasion and these donations will feed into a collection that supports women's empowerment efforts in Kerala. In 2021, Women's Forum raised £718 through PTPV.

For more details, visit www.mauk.org.

Walking Club

This club began to give people a chance to get together and walk, taking care of their emotional and physical health as we moved out of tighter COVID restrictions. Members of the Women's Forum organised walks in parks and woodlands near their homes, largely within the boroughs of Newham and Barking and Dagenham, allowing the local Malayalee community to get together in spaces of close proximity to their homes.

Historic Scotland Tour

Due to overwhelming demand from members for group trips and tours, M.A.U.K. organised its first coach trip last year, since the Pandemic, once the restrictions were eased. The four-day family trip to Scotland took place from Thursday 29th July – Sunday 1st August. The trip was a great success with 55 participants, including children, enjoying the experience thoroughly with many suggestions for more trips in the coming years.



Elders Services

Online activities

As the Pandemic situation dictated, M.A.U.K. shifted most of its services to online platforms. Our dedicated volunteers were adamant to reach out to those affected by the Pandemic and find innovative means to ensure the mental and physical wellbeing of our community members. As part of our COVID relief operations, we have started many online activities, including regular Yoga classes, cookery shows, mental wellbeing seminars, discussion forums, etc. Our volunteers trained and facilitated provisions for many Elders to get online and be confident using this unthought of medium. The testimonials from our service users are evidence that our prompt, thoughtful and bold actions have immensely contributed to their welfare during this very difficult period.

60+ Sisters Club

In 2006, Mrs Girija Nair (late), who was a dedicated M.A.U.K. volunteer, started the Sisters Club with a vision to provide friendship and support for women over the age of 60.

The Club, which takes place on Tuesday from 1pm to 4pm, was operational with its regular activities during the first couple of months in 2020, providing its regular activities including singing, poetry, dancing, light exercise sessions, food tasting, training for cultural shows, day trips, etc.

Members of the Club have formed a strong bond and are a support network for each other. Hence, it was inevitable that M.A.U.K. volunteers had to improvise to keep them connected during the shutdown and self-quarantine. This has led to our volunteers going the extra mile to remotely train Elders to take part in online meetups and shows. We have introduced the online platform Zoom to thirty-two Elders who were total novices to the idea before the Pandemic.

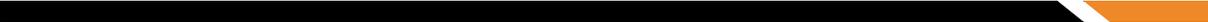
M.A.U.K. Lunch Club



M.A.U.K. Lunch Club, which is part of M.A.U.K. Elders Services has been functioning since 1998. This tailor-made service is a unique platform for Elders in our community to meet, chat and share their cultural identity and shared experiences. Participants of the Club enjoy a variety of activities, including card and board games, exercise classes, knitting, arts and crafts, poetry, film, picnics, trips, etc. Kerala lunch is also provided each week.



To ensure the smooth operation of this bespoke and essential service, M.A.U.K. has successfully introduced a sponsorship scheme through which kind-hearted individuals and community-spirited businesses can sponsor the cost of running the Lunch Club for a day. People and businesses were given the opportunity to sponsor a day as part of your celebrations of an auspicious occasion, in memory of someone beloved, as a promotion of your business, or to support this essential service. Despite having sponsors for the entire year, in 2020, the Club only operated for the first two months before the spread of COVID-19 forced us to suspend its services.



M.A.U.K. implemented a phased approach to restart the Elders Service in 2021, by opening the service once a month. The first session was held on Saturday 17th July 2021 at Trinity Centre.

If you wish to sponsor a day at the Lunch Club, please contact us.

See the list of M.A.U.K. Lunch Club sponsors of 2019 at www.mauk.org/elders/

150Club

150Club is an exercise-based prevention programme for members of the local community who are at risk of being Diabetic. The 150Club scheme is an initiative by N.H.S. Newham Clinical Commissioning Group (CCG), Newham Council and the 150Club partnership - made up of the West Ham United Foundation working with the council's leisure trust ActiveNewham and the Staywell Partnership, which includes M.A.U.K.

150Club exercise programme took place every Tuesday at Kerala House but was suspended due to COVID-19 since March 2020.

M.A.U.K. Befriending Services

The gravity and value of this outstanding and compassionate service that is run as part of the Elders Service were highlighted during the Pandemic. In addition to getting the housebound to participate in online activities, M.A.U.K. volunteers regularly checked in on over 60 regular users of M.A.U.K. Elders Service. During the initial chaos and uncertainty of the first national lockdown, M.A.U.K. volunteers have done weekly shopping for those self-isolating or in quarantine. We then arranged shopping slots for many elderly households but continued to deliver Asian groceries for many more months.

If you know of anyone who could improve their wellbeing by this service, please email their details to info@mauk.org or call us on 07961454644, and we will be happy to visit them.

Educational Services

Chenda, Tabla, Keyboard, Guitar and Malayalam Classes were paused at the start of the national lockdown in 2020. Chenda and keyboard classes restarted in October; however, the number of attendees for Tabla, Keyboard and Guitar fell sharply.

After the opening of classes, M.A.U.K. was unfortunate to find a teacher to take Malayalam Classes. Many of the teachers that were considered preferred online classes. As a result, the re-opening of Malayalam Classes have been put on hold.

M.A.U.K. Thanal - Charitable Endeavours

M.A.U.K., being a strong-rooted organisation, has always been at the forefront of coordinating the response of U.K. Malayalees whenever Kerala needed a helping hand. This tradition continued during the Great Floods of 2018 and now, the Pandemic. We have been able to rise to the challenges the Pandemic has posed to our community here in the U.K. and our brethren in Kerala. In 2021, during the second wave of COVID, we have undertaken over 18 humanitarian projects in Kerala, with the generosity of U.K. Malayalees.

Charitable Projects in Kerala

House Building Project - Completed

Following the completion of the Nirmala Rajan House Building project, M.A.U.K. proudly announced the Key Handover Ceremony of three more houses in Kerala.

M.A.U.K. Thanal's house building initiatives in Kerala has succeeded in putting a roof over 4 impoverished families, in less than two years. We would like to wholeheartedly express our sincere gratitude for your invaluable support for our charity endeavours to date and humbly seek your continued support.

Aleppey Project



M.A.U.K. gifted a renovated house in 2.5 cents of land for a beneficiary in Ambalapuzha, Alappuzha district in Kerala. We are humbled that we have managed to give the family, including their elderly mother and teenage daughter a house to secure their future.

We thank M.A.U.K. Life Member Suresh Bhaskaran, who brought our attention to the vulnerable situation of this family. Our sincere gratitude to Suresh K Jageswaran and Ashok Kumar for managing the day-to-day aspects of this project. Our thanks to Joseph Mathew for his continued support.

Seethathod Project

M.A.U.K. succeeded another house building project for a beneficiary in Seethathod, Pathanamthitta district in Kerala.

We thank M.A.U.K. Life Member Pushkas Vasu, who brought our attention to this opportunity. Our sincere gratitude to Jince K Umman (Engineer) and Manoj Pathanamthitta for managing the day-to-day aspects of this project.

Chengannoor Project

Our fourth successful house building project was for a family in Chengannoor, Alappuzha district in Kerala.

We thank Joseph Mathew, for reaching out to us, to take on this project. Our sincere gratitude to Santhosh (Engineer) and Chandralekha for managing the day-to-day aspects of this project. Our thanks to Joseph Mathew for his continued support.

House Building Project – Ongoing

The Pulari Project

Pulari Muraleedharan is a 33 year old homemaker from Attingal, Thiruvananthapuram district in Kerala. She lives with her husband, two children aged 5 and 10 and her elderly mother-in-law. Her husband suffers from cancer and is a patient of Regional Cancer Centre (RCC) Thiruvananthapuram. One of her children suffers from severe asthma and requires a high level of care. Her elderly mother-in-law is too frail and deteriorating so cannot work. This family are in a vulnerable position because they do not have any savings to fall back on or any relatives who could support them. Their only asset is the five cents of land inherited from her mother-in-law, where they built a crumbling house with a makeshift roof.



During the recent heavy rainfall, the inevitable happened as this fragile home totally collapsed. As a result, the family currently live in rented accommodation paid for by the Parent Teachers Association of their children's school.



The plight of the family was brought to our attention by Biju B. G, a Hindi teacher at Pulari's son's school. Biju, who has volunteered to oversee the project on behalf of M.A.U.K. Thanal, has already used his contacts to prepare a plan to build a 430 SQFT home. The modest plan consists of two bedrooms, a lounge kitchen and a toilet. The estimated cost of building the house is 600,000 INR (approx. £6K).

Bhoothakulam Project

M.A.U.K. supported towards a house maintenance project for a family in Bhoothakulam, Kollam district in Kerala. The maintenance involved replacing the roof and repairing a damaged wall.

COVID RELIEF EFFORTS IN INDIA - 10 projects worth 2,000,000 INR in 10 days

M.A.U.K., with its commendable response during the Kerala Floods, once again came to the forefront to help those who were indiscriminately affected by the second wave of Pandemic in Kerala.

During the crisis, motivated by the generous response of its members, M.A.U.K. extended its helping hand to many relief projects across Kerala and paved the way for other UK based community organisations to stand up for Kerala.

M.A.U.K. through its partners, organisations and volunteers in Kerala have facilitated:

1. 800,000 INR worth of medical equipment in Pattambi, Palakkad
2. Cooked meal and Food kits for a week to 300 people in care homes, low income families and destitute in Kottayam
3. Food kits for 260 families in Thannemukku Panchayat in Allapuzha
4. Food kits PPE and medical supplies to 250 residents in Chennilode village in Thiruvananthapuram
5. Food kits and cooked food parcels to 300 residents in Thottakkad in Thiruvananthapuram
6. Provisions to purchase second-hand ambulance in Kattapana in Idukki
7. Provisions to purchase second-hand ambulance in Karavaram in Thiruvananthapuram
8. Medical equipment at a palliative care centre in Koyilandi in Kozhikode
9. Distribution of 10,000 N95 masks donated by Ford Motor Company to frontline police and KSRTC staff through our volunteers, residents in coastal areas through local churches in Thiruvananthapuram.
10. Mobile phones to aid with the education of 16 students from Below Poverty Line (BPL) families in Sishuvihar Upper Primary School, Thiruvananthapuram.

Kerala Floods 2021

The torrential rain and devastating floods had struck Kerala again and have caused death and misery to many of our brethren. Many people lost their lives while thousands more lost their homes and livelihoods. In Mundakkayam, Kottayam District, one of the worst hit areas, many families have been moved to two makeshift camps, where there is a dire need for emergency relief supplies. The urgency of the situation required prompt and thoughtful actions. Hence, M.A.U.K. had teamed up with Snehakoodu Abhayamandiram, a reputable charity based in Kottayam, to supply medicines, clothes and blankets at these camps and have released initial funds to purchase supply.



M.A.U.K. launched a fundraising appeal and raised £1630 to help the people in distress.



Benevolence

On 5th September 2021, one of M.A.U.K.'s life members contributed funds through us, to provide lunch for the residents of Karunalayam (Attingal, Thiruvananthapurum district), on the death anniversary of her late mother.

M.A.U.K. works and maintains close relationship with vetted and reputable charity institutions across Kerala. Should M.A.U.K. members wish to use these contacts for benevolence on their special occasions or essential dates, M.A.U.K. will be more than happy to arrange this for you through our dedicated volunteers in Kerala.

Community

Thalamura Club

Members of the Thalamura Club have negotiated a special deal to use Kerala House for their activities every Friday from 1pm to 7pm. Thalamura provides a platform for like-minded people to meet up, share their common experiences, take part in social activities, and enjoy delicacies made on the premises by food enthusiasts.

If you wish to join Thalamura, please contact - 07740248993.

M.A.U.K. / Girija Nair - Volunteer of the Year Award 2021

The Volunteer Award was initiated in 2003 to celebrate, acknowledge and appreciate the instrumental contributions of M.A.U.K. Volunteers. The Award was renamed M.A.U.K. Girija Nair Award in 2014 to honour one of M.A.U.K.'s steadfast and inspirational volunteers.

The 2021 Volunteer of the Year Award was presented to Team Thattukada, for their steadfast help and support in setting up M.A.U.K. Food Bank at the start of the Pandemic in 2020.



Read more at <http://mauk.org/girija-nair-volunteer-awards>

Accounts

The 2021 Accounts, audited by Hari Bhaskaran, is attached in the next section of this report.



2021 Annual Accounts

MALAYALEE ASSOCIATION OF THE UK
Kerala House, 671 Romford road, Manor Park, London E12 5AD
Company registration No.4934084, Charity Registration No.1102653
INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2021

	Notes	Year ended 31 December 2021			Year ended 31 December 2020		
		Income	Expenditure	Net £	Income	Expenditure	Net £
Surplus/(Deficit) from activities							
1	Bereavement Support	1,250.00	-	1,250.00	150.00	(50.00)	100.00
2	Chenda Individual Lessons	10.00	-	10.00	180.00	(112.00)	68.00
3	Chenda Group Lessons	744.00	(564.00)	180.00	1,542.00	(1,296.78)	245.22
4	Chenda Performance	710.00	(500.00)	210.00	347.00	(226.88)	120.12
5	Christmas	200.00	(225.93)	(25.93)			
6	Covid19 (FoodBank)	4,814.00	(11,676.85)	(6,862.85)	39,728.56	(37,811.22)	1,917.34
7	Elders Services	581.98	(530.21)	51.77	2,336.00	(501.14)	1,834.86
8	Equipment Hire	65.00	-	65.00	10.00	-	10.00
9	Grand Events - Fundraisers	16 21,818.47	(5,302.30)	16,516.17	1,599.35	(21.78)	1,577.57
10	IWD	325.00	(262.39)	62.61	1,280.00	(693.28)	586.72
11	Janani	-	(19.51)	(19.51)	-	-	-
12	Kattankaapi Kavitha			-	201.00	-	201.00
13	Kerala House Events			-	2,505.20	(3,648.54)	(1,143.34)
14	Keyboard Lessons	680.00	(544.00)	136.00	960.00	(584.00)	376.00
15	Malayalam Lessons for Adults			-	-	-	-
16	Malayalam Lessons			-	355.00	(135.00)	220.00
17	Mridangam Lessons			-	20.00	(12.00)	8.00
18	Onam	6,235.34	(4,995.14)	1,240.20	-	-	-
19	Project Grants	18 43,838.18	(43,838.18)	-	19,003.91	(19,003.91)	-
20	Tabla Class			-	30.00	(18.00)	12.00
21	Thalamura			-	400.00	-	400.00
22	UK Coach Trips	17,675.00	(16,891.65)	783.35			-
23	Womens Forum	1,418.00	(119.01)	1,298.99			-
Total Activities		100,364.97	(85,469.17)	14,895.80	70,648.02	(64,114.53)	6,533.49
Other Income							
24	Charity Fund Inc	540.00	-	540.00	4,228.88	-	4,228.88
25	Directors Fund Inc	3.54	-	3.54	270.00	-	270.00
26	Donation - Miscellaneous	5,984.01	-	5,984.01	1,544.27	-	1,544.27
27	Grant Inc (LBN)	31,323.61	-	31,323.61	11,000.00	-	11,000.00
28	GiftAid Inc	9,721.78	-	9,721.78	1,361.78	-	1,361.78
29	Kerala House Donation	740.00	-	740.00	1,080.00	-	1,080.00
30	Miscellaneous - Inc	5.00	-	5.00			-
31	Membership - Inc	4,054.26	-	4,054.26	3,705.10	-	3,705.10
Total Other Income		52,372.20	-	52,372.20	23,190.03	-	23,190.03
Expenditure							
32	Accountancy & Audit		(875.00)	(875.00)	-	(400.00)	(400.00)
33	Bad Debts Written off	6 -	(534.00)	(534.00)	-	(220.00)	(220.00)
34	Caretaker Expense		(120.00)	(120.00)	-	(500.00)	(500.00)
35	Depreciation	19 -	(1,841.18)	(1,841.18)	-	(1,841.18)	(1,841.18)
36	General Expense	10 -	(1,350.72)	(1,350.72)	-	(801.00)	(801.00)
37	Insurance		(512.08)	(512.08)	-	(499.96)	(499.96)
38	KH Maintenance	13 7,328.41	(8,560.94)	(1,232.53)	3,850.00	(4,593.87)	(743.87)
39	London Borough of Newham (LBN)	5 -	(777.09)	(777.09)	-	(180.00)	(180.00)
40	Phone & Internet		(655.78)	(655.78)	-	(955.22)	(955.22)
41	Payment Systems		(131.60)	(131.60)	-	(348.57)	(348.57)
42	TV License		(159.00)	(159.00)	-	(157.50)	(157.50)
43	Utility Bills	4 -	(2,463.17)	(2,463.17)	-	(3,194.95)	(3,194.95)
44	Volunteers		(299.47)	(299.47)	-	-	-
45	Website		(911.78)	(911.78)	-	(1,002.07)	(1,002.07)
Total Expenditure		7,328.41	(19,191.81)	(11,863.40)	3,850.00	(14,694.32)	(10,844.32)
Net Surplus/(Deficit) for the year		160,065.58	(104,660.98)	55,404.60	97,688.05	(78,808.85)	18,879.20
Designated Funds (movements for the year)							
(movements for the year)							
46	Charity Fund	11 3,220.11	(5,724.60)	(2,504.49)	4,500.00	(1,031.08)	3,468.92
47	Elder Services Fund	12 1,000.00	(500.00)	500.00	220.00	-	220.00
48	General Reserves	17 7,328.41	(47,000.00)	(39,671.59)	-	(14,320.00)	(14,320.00)
49	Kerala House Fund	13 18,000.00	(17,328.41)	671.59	8,000.00	(3,850.00)	4,150.00
50	Kerala Outreach Fund	14 30,000.00	(38,113.58)	(8,113.58)	1,600.00	(18,892.83)	(17,292.83)
51	Mobility Fund	15 5,000.00	-	5,000.00	-	-	-
Total Designated Funds		64,548.52	(108,666.59)	(44,118.07)	14,320.00	(38,093.91)	(23,773.91)
Net Movement in funds		224,614.10	(213,327.57)	11,286.53	112,008.05	(116,902.76)	(4,894.71)
Total Funds/reserves brought forward				383,247.00			388,141.71
Total Unrestricted Funds and Reserves carried forward				394,533.53			383,247.00

MALAYALEE ASSOCIATION OF THE UK

Charity Registration No.1102653

Company registration No.4934084

BALANCE SHEET AS AT 31 DECEMBER 2021

		<u>2021</u>	<u>2020</u>
	Notes	£	£
FIXED ASSETS			
Building		317,510.00	317,510.00
Others - Net Value		12,529.24	7,042.01
		330,039.24	324,552.01
CURRENT ASSETS			
Debtors	<u>7</u>	1,680.00	1,981.00
Prepayments	<u>8</u>	2,355.00	3,643.00
Cash in hand		673.90	240.00
Bank Accounts		62,578.76	54,510.99
		67,287.66	60,374.99
LESS CURRENT LIABILITIES			
Creditors - Various		(213.37)	-
Accruals	<u>9</u>	(2,580.00)	(1,680.00)
		(2,793.37)	(1,680.00)
NET ASSETS		394,533.53	383,247.00
FINANCED BY:			
<u>Restricted Funds / Designated Funds</u>			
Charity Fund	<u>11</u>	8,310.18	10,814.67
Elders Services Fund	<u>12</u>	2,920.00	2,420.00
Kerala House Fund	<u>13</u>	29,351.87	28,680.28
Kerala Outreach Fund	<u>14</u>	6,501.28	14,614.86
Mobility Fund	<u>15</u>	5,000.00	-
<u>Unrestricted Funds</u>			
Building Revaluation Reserve		236,546.00	236,546.00
General Reserves	<u>17</u>	50,499.60	71,291.99
Surplus/(deficit) from income & expenditure		55,404.60	18,879.20
		394,533.53	383,247.00

For the year ending 31 December 2020, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

(i) The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

(ii) The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

(iii) These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime

Approved by the Board of Directors on 26 March 2022 and signed on their behalf by:



Anil Edavana
Chair Person



Mrs Rohoney Dayanand
Company Secretary



Aloysius Mathew
Finance Director

**MALAYALEE ASSOCIATION OF THE UK
NOTES TO THE ACCOUNTS 2021**

1 The financial statements have been prepared on the accruals basis in accordance with the 2008 Regulations and the SORP, under the historical cost convention, as modified by the inclusion of fixed asset investments at market value.

2 **Fund accounting**

• **Unrestricted funds** (General fund) are available for use at the discretion of the directors in furtherance of the general objectives of the charity. Unrestricted funds include a revaluation reserve representing the restatement of investment assets at market values.

• **Designated funds** are unrestricted funds that have been earmarked for a particular purpose by the trustees. The notes to the accounts should explain the purpose of designated funds.

• **Restricted funds** are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

3 **Directors' Expenses** - No expenses were paid to any of the directors during the year, except to reimburse them for purchases made on behalf of the the company.

4 Utility Bills	<u>2021</u>	<u>2020</u>
Electricity	(1,856.08)	(961.69)
Gas	(344.20)	(1,020.49)
Water	(262.89)	(1,212.77)
Total	<u>(2,463.17)</u>	<u>(3,194.95)</u>

5 London Borough of Newham (LBN) expenses are made up of:	<u>2021</u>	<u>2020</u>
Premises License	(180)	(180)
Council Tax	(597.09)	-
Total	<u>(777.09)</u>	<u>(180.00)</u>

6 Bad Debts Write Off	<u>2021</u>	<u>2020</u>
Chenda Group Lessons	(104.00)	(138.00)
Keyboard Lessons	(430.00)	(62.00)
Kerala Carnival	-	(20.00)
Total	<u>(534.00)</u>	<u>(220.00)</u>

7 Debtors	<u>2021</u>	<u>2020</u>
Chenda Lessons	810.00	1,226.00
Keyboard Lessons	195.00	735.00
Mridangam Lessons	10.00	20.00
Sponsorships	700.00	-
Hire Booking	(35.00)	-
Total	<u>1,680.00</u>	<u>1,981.00</u>

8 Prepayments	<u>2021</u>	<u>2020</u>
Chenda Tutor Fees	2,286.00	2,850.00
Keyboard Tutor Fees	-	619.00
Caretaker Charges	180.00	300.00
Student Fees	(111.00)	(126.00)
Total	<u>2,355.00</u>	<u>3,643.00</u>

9 Accruals	<u>2021</u>	<u>2020</u>
Accountancy Fees 2019	360.00	360.00
Accountancy Fees 2020	400.00	400.00
Accountancy Fees 2021	900.00	-
KOF Project 1	920.00	920.00
Total	<u>2,580.00</u>	<u>1,680.00</u>

10 **General expenses mainly consist of the following:**

Refreshments	354.03
Utensils & Devices	100.23
Regulatory Licence	599.00
Printing & Stationary	297.46
Total	<u>1,350.72</u>

Charity Fund - The surpluses generated from charity fundraising projects are transferred to this restricted fund and will be only used for charitable activities. In 2021, the board decided to setaside £3000 for this purpose. The releases from this fund is shown in Project Grants activity.

Elder Services Fund -The surpluses generated from Elders Services projects are transferred to this restricted fund and will be only used for future Elder services activities. In 2021, the board decided to increase fund and setaside £1000 for this purpose.

Kerala House Fund - MAUK directors wish to setaside funds periodically from the surpluses, to fund major repairs, maintenance, renovation of Kerala House (KH). In 2021, the board decided to allocate £10000 towards covid19 relief. For yearend board setaside additional £18000 to this fund. In 2021, a fund release of £7328 was used for the kitchen renovation and refit.

Kerala OutReach Fund - MAUK directors setaside funds periodically from the surpluses generated from fundraising projects. The designated fund will only be used for Kerala Outreach charity activities. During the year the fund was bolstered by £10000 for covid19 relief from Kerala House Fund. At yearend, the board decided to setaside additional £20000 for this fund. The releases from this fund is shown in Project Grants activity in 2021.

Mobility Fund -In 2021, considering the need of the community the board decided to develop a new fund to enhance the mobility requirements of Elders and its members. Program includes purchase and operation of MiniBus/vehicles. Multiple fundraisers were held during the year and generated £3990. Additionally the board decided to setaside £1010 for this fund making it a total of £5000.

16 Grand Events - FundRaisers	2021	2020
Disaster Management Fund (DMF)		
KOF-House Building Appeal	3,982.76	1,577.57
KOF-Kerala Flood Appeal	1,630.00	
KOF-Covid19 India Appeal	10,903.41	
Total	16,516.17	1,577.57

17 General Reserves Movements	2021	2020
Opening Balance	90,171.19	85,611.99
Capital Exp	7,328.41	
Kerala House Fund	(18,000.00)	(8,000.00)
Elder Services Fund	(1,000.00)	(220.00)
Kerala OutReach Fund	(20,000.00)	(1,600.00)
Charity Fund	(3,000.00)	(4,500.00)
MAUK Mobility Fund	(5,000.00)	
Total	50,499.60	71,291.99

18 Project Grants	2021	2020
KOF Project 1 (completed) Trivandrum		9,870.41
KOF Project 2 (completed) Aleppy	1,009.05	8,102.42
KOF Project 3 (ongoing) Chenganoor	6,795.26	
KOF Project 4 (completed) Seethathodu	6,159.82	
KOF Project 5 (completed) Bhothakulam	904.24	
KOF Project 6 (ongoing) Atingal	1,008.55	
KOF Covid19 Projects 1-17 (completed)	21,236.66	
KOF Project Mundakkayam Flood (completed)	1,000.00	
Charity Fund Projects 1-2 (Completed)		1,031.08
Charity Fund Projects 3-16 (Completed)	5,724.60	
Total	43,838.18	19,003.91

19 Depreciation and Net Value of Assets, other than Building	Net cost as at 01 Jan 2021	Additions 2021	Cost as at 31 Dec 2021	Depreciation	Net Bal as at 31 Dec 2021
Furniture & Fittings	5,061.54	-	5,061.54	(1,216.14)	3,845.40
Office Equipments	1,050.56	-	1,050.56	(286.53)	764.03
Music Instruments	81.00	-	81.00	(27.00)	54.00
Event Equipments	848.91	-	848.91	(311.51)	537.40
Assets Under Construction (KH Kitchen Refit)		7,328.41	7,328.41	-	7,328.41
Total	7,042.01	7,328.41	14,370.42	(1,841.18)	12,529.24



മലയാളി അസോസിയേഷൻ
ഓഫ് ദി യൂകെ **MAUK**
Malayalee Association of the UK



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